

Algae	Flexitarian	Dehydrated Foods	Fermented Foods
Freegan	Vegan	Gluten Free	Fusion Foods
Organic	Ugly Produce	Waste based/Zero waste Cooking	Raw food
Foraged food	Grass fed beef	Tumeric	High tech food delivery (ie. Uber Eats or Amazon Fresh)

<p>Pop up restaurants</p>	<p>Dinners in the dark</p>	<p>Hawaiian Poke</p>	<p>Pulses</p>
<p>Getting rid artificial colours & preservatives <small>(Kraft Dinner is an example of a company trying to do this)</small></p>	<p>Spiralizers</p>	<p>Sweet and heat flavour combinations</p>	<p>Savoury yogurt</p>

Bone broth

Plant based
diets

(ie. rather than
Meatless Mondays,
go meatless most
days)

Freekah

Gochujang